

IBD Newsletter

PENN STATE HERSHEY INFLAMMATORY BOWEL DISEASE CENTER

PennStateHershey.org/ibd

IBD Direct Line 717-531-3998

Penn State Colon and Rectal Surgeons Offer State-of-the-Art Services for IBD Surgery

We are proud to share with you the fact that our Colon and Rectal surgeons have been trained and are successfully utilizing the state of the art technology of the da Vinci© system which now is being used for IBD surgeries. The da Vinci© system makes fewer incisions, it utilizes 3D HD vision system and tiny wristed instruments that bend and rotate far greater than the human wrist.

These features enable surgeons to operate with enhanced vision, precision, and control. As a result the da Vinci© technology offers the following benefits: precise removal of tissue; low blood loss, quick return of bowel function, quick return to normal diet, low rate of complications, low rate of converting to open surgery compared to traditional laparoscopy; short hospital stay, small incisions for minimal scarring. Our surgeons appreciate how disruptive the need for surgery is to an individual's life, they are constantly striving to enhance services to improve the quality of life of every person affected by a colorectal illness.



Get Involved Golf Tournament to Benefit IBD



The Penn National Golf Tournament has been a huge success in its fundraising efforts. Last year alone the event raised \$425,000. Over the past twenty years the Carlino fund has raised over \$3.4 million dollars to the fund. These funds have supported ground breaking IBD research here at Penn State Hershey. We have established one of the nation's largest IBD Biobank and Registry, which contains DNA, serum, and tissue specimens from multiple generations of over 2,300 IBD patients for genetic investigation into the causes and improved treatment of IBD. The Carlino Fund has also supported our recently opened Penn State Hershey IBD Center at the Milton S. Hershey Medical Center. Our multi-disciplinary center is the only one of its kind in the region where patients receive coordinated care from a team of internationally – recognized IBD experts in a single visit, allowing for the best and most advanced treatment options for IBD patients.

For a registration form, go to www.PennStateHershey.org/IBD

Pediatric Corner

Pediatric IBD Clinic

Our Pediatric IBD team recognizes the importance of helping children adjust to the challenges of a chronic illness. In an effort to meet the pediatric patient's needs the Pediatric IBD Clinic has incorporated Timothy S. Zeiger, Psy.D., as part of their team. Dr. Zeiger



Timothy S. Zeiger, Psy.D.

is a licensed psychologist who has an emphasis working with pediatric patients and their families. Dr. Zeiger's work focuses on coping/adjustment with stress and anxiety associated with various medical conditions. He is an assistant professor at the Penn State Milton S. Hershey Medical Center in the Department of Psychiatry.

Dr. Zeiger assesses each child and helps them identify strategies they can use in everyday life to manage the stress of having IBD. When necessary, Dr. Zeiger can refer patients on to formal out-patient psychological care. We are excited to have him as part of our team and assisting our patients with this very important issue.



UPCOMING EVENTS

Penn National Golf Classic

- August 3, 2015, Hershey Country Club

Penn State Hershey IBD Center Support Group Meeting

- September 2, 2015, 6:00 p.m. – 8:00 p.m., UPC 4200

CCFA Take Steps Walk Harrisburg

- September 13, 2015, City Island

Patient Symposium: *Inflammatory Bowel Disease*

- October 3, 2015, 9:00 a.m. - 12:00 p.m., University Conference Center

IBD Research Conference for Medical Professionals

- October 23, 2015, University Conference Center

CCFA Take Steps Walk *Sunday, September 13, 2015 at City Island*

Come join the Penn State Hershey IBD team as we join forces with the CCFA to raise funds and awareness



for people affected by IBD. We are proud to partner with the CCFA in their efforts to raise awareness and provide education to our community. Last year our team raised \$12,500 for the cause. Our goal this year is \$13,000.

To register for our team and for the walk, go to www.ccfa.org and click the TAKE STEPS logo on the bottom left of the page. Once you are on the TAKE STEPS page, do the following:

- Step 1 – Click Join or Rejoin a Team
- Step 2 – Team Name: Penn State Hershey IBD Center
- Step 3 – Click Join
- Step 4 – Finish the registration process