

# IBD Newsletter

PENN STATE HERSHEY INFLAMMATORY BOWEL DISEASE CENTER

[pennstatehershey.org/ibd](http://pennstatehershey.org/ibd)

717-531-3998

## The State College Connection Servicing the IBD Patient



Joel B. Haight, M.D.

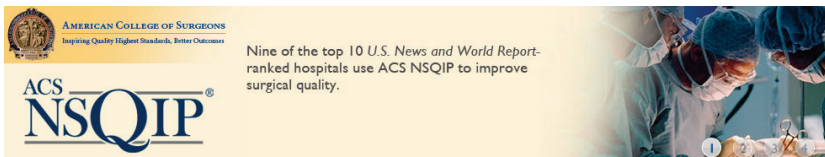
Dr. Joel Haight is a Gastroenterologist and IBD expert at our State College Campus. Dr. Haight serves the entire State College area in addition to meeting the unique needs of our Penn State students.

Dr. Haight received his Bachelors of Science in biology from Penn State, his masters in Microbiology from Medical College of Virginia, and graduated from the Virginia Commonwealth University School of Medicine in 1982. He completed his residency in Internal Medicine at the

University of Rochester Medical Center in 1985 and a Fellowship in Gastroenterology at the Cleveland Clinic Foundation in 1987.

We are proud to have Dr. Haight as a key member of our Penn State IBD team!

## Our IBD Colon and Rectal Surgeons Ranked in Nation's Top 10%



Nine of the top 10 U.S. News and World Report-ranked hospitals use ACS NSQIP to improve surgical quality.

We are pleased to report that in the July 2014 Semiannual Report for ACS NSQIP (the American College of Surgeons' National Surgery Quality Improvement Program), the Penn State Milton S. Hershey's Division of Colon and Rectal Surgery ranked in the nation's top ten percent (EXEMPLARY status) of all hospitals in terms of successful surgical outcomes.

Over 500 hospitals currently participate in ACS NSQIP, a program that collects data regarding each hospital's surgical complications and morbidity and compares these results to national risk-adjusted benchmarks, highlighting areas requiring quality improvements.

Congratulations to our Penn State Colorectal surgeons for this well-deserved recognition of their commitment to quality patient care!

## IBD Support Group: Come Join Us!



The Penn State Hershey IBD Center is proud to offer a support group for our patients and their families. Rachael Hays, a Penn State Hershey endoscopy technician who has Crohn's disease, initially founded the group in 2013 because she wanted to find a way to "give back" to the Penn State Hershey IBD Center physicians who have successfully treated her disease for several years. Rachael had a strong desire to help others struggling with IBD by providing a forum for them and their loved ones to learn about the disease, share their experiences, and to offer support as well as helpful hints for dealing with the challenges of IBD.

The meeting format is typically comprised of an educational component followed by time for individual sharing. IBD experts regularly speak to the group regarding topics of interest ranging from nutrition to advances in IBD treatment options.

Meetings are held the first Wednesday of every other month (January, March, May, July, September, and November) at the Penn State Hershey Medical Center, University Physician Center (Entrance 4), Suite 4200, from 6:00 p.m. until 8:00 p.m.

For more information, please contact Rachael Hays at [gotgutshhmc12@gmail.com](mailto:gotgutshhmc12@gmail.com)

## Pediatric Corner

### Transition Clinic

At the Penn State Hershey Pediatric IBD Center, we recognize the many changes that occur for our patients as they grow older. One change of critical importance is the transition from Pediatric to Adult IBD care. Our goal is to make this transition a seamless process as our pediatric patient grows into the role of an adult health care consumer.



*Tolulope O. Falaiye, M.D. and patient.*

As kids graduate from seeing pediatric IBD doctors and begin to go to see adult IBD doctors, they enter a process we call “transition”. This period can often be difficult, with kids graduating from high school, going to college, finding jobs, and moving out on their own. For many, this period marks the first time that patients assume primary responsibility for their own health because their parents are no longer available to provide day-to-day guidance regarding health care decisions.

Here at the Penn State Hershey IBD Center, we believe that this transfer of care is of critical importance. Accordingly, we provide a specialized Pediatric IBD Transition Clinic to ensure that the process is handled as smoothly and efficiently as possible.

This clinic is a two-visit process that takes place in the Pediatric IBD clinic. At the initial visit, kids and their families meet with a pediatric gastroenterologist who reviews their GI medical history and describes the changes that will be coming. At the second visit, kids and their families meet with an adult IBD gastroenterologist who reviews the transition process and establishes ongoing adult care for the IBD patient.

Our belief is that having kids meet their adult IBD providers in an environment which is familiar and safe will allow them to be comfortable and will set the groundwork for a successful partnership in their health care.

## UPCOMING EVENTS

Penn State Hershey IBD Center Support Group Meetings:

- September 3, 2014
- November 5, 2014

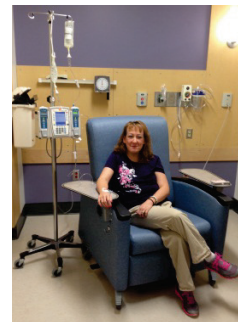
CCFA Harrisburg Take Steps Walk:

- September 14, 2014
- Attend and you could win an autographed Penn State football poster!

Penn State Hershey IBD Patient Symposiums:

- September 16, 2014 (Harrisburg)
- November 11, 2014 (State College)

## New FDA-approved Drug Available at Penn State IBD Center



*(Photo left) Angela Ritzman receives vedolizumab in the Penn State Hershey Infusion Center.*

We are very excited to be able to offer our patients the newest FDA approved drug for the treatment of IBD. Takeda Pharmaceuticals has released Entyvio or Vedolizumab for intravenous infusion. What makes this drug so exciting for our patients is that it is a “gut-specific” medication so patients did not experience some of the side effects seen with other medications. We continue to strive to deliver cutting edge state of the art care to our patients and are pleased to have this in our IBD arsenal.